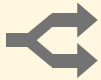# NORTHWEST EYE SURGEONS

REFRACTIVE SURGERY - QUICK SUMMARY

PREPARING YOUR PATIENT FOR SUCCESS

- Review your role as co-managing doctor
- Advise patient to leave SCL out 1 week prior to consultation, RGP out 4 weeks, plus 1 additional week per decade of wear and begin using OTC artificial tears
- Call 855-64-SMILE or complete our Online Consultation Form to schedule your patient's complimentary consultation

SURGERY OPTIONS

- SMILE (SMall Incision Lenticule Extraction)
- LASIK or PRK
- ICL
- Refractive Lens Exchange (RLE)

POST-OP CARE   Fax report to 206-528-0014

UCVA: uncorrected visual acuity   SLE: slit lamp exam
MRx: manifest refraction   IOP: intraocular pressure

- 1 Day ALL: UCVA, SLE (performed at NWES)
- 3-4 Day PRK: UCVA, SLE, remove bandage contact lens. If there is still epithelial defect, replace BCL and follow up in 2-3 days
- 1 Week LASIK and SMILE: UCVA, MRx, SLE, IOP
- 3 Week SMILE: UCVA, MRx, SLE, IOP
- 1 Month LASIK/ICL, UCVA, MRx, SLE, IOP
- 3 Month ALL: UCVA, MRx, SLE, IOP

TYPICAL POST-OP DROP SCHEDULE

- SMILE
  - Predisolone - 1 drop QZH for 4 days, then qid for 14 days
- LASIK
  - Polytrim or Ofloxacin - 1 drop qid for one week
  - Prednisone - 1 drop q2h for 4 days, then 1 drop qid for 2 additional weeks.
  - Restasis or Xiidra (LASIK only) - 1 drop bid; start 1 week before surgery and continue for 1- 3 months after surgery
  - Refresh Plus (or alternative preservative-free artificial vials) - 1 drop every 30-60 minutes for 2 weeks, then 1 drop every 2-4 hours the following two weeks. After the first month, use 1 drop qid as needed.
- PRK
  - Polytrim or Ofloxacin - 1 drop qid until epithelial defect resolves
  - Prolensa - 1 drop qd for 3 days
  - Lotemax1 drop qid for 3 weeks, then1 drop tid for 3 weeks, then1 drop bid for 2 weeks, then1 drop qd for 2 weeks
  - Restasis - 1 drop bid; start 1 week before surgery and continue for 3 months
  - Refresh Plus (or alternative preservative-free artificial vials) - 1 drop every 30-60 minutes for 2 weeks, then 1 drop every 2-4 hours the following two weeks. After the first month, use 1 drop qid as needed.