



## NORTHWEST EYE SURGEONS

### Vitreo-Retinal evaluations: A five-step process

We take great care when evaluating and treating all patients. Here, we present a step-by-step summary of retinal evaluations to give doctors and patients insight about this thorough five-step process. Patients should expect to spend about 2 hours in our office and their eyes will be dilated for this consultation. Treatment may be done the same day or scheduled on another day, depending on our physician's recommendation.

#### Step 1: Work up

Estimated time: 10-20 minutes

The first step in evaluating potential retinal patients is getting to know them and their vision-related issues. With each patient, we complete a health, ocular and family history and review current medications. We analyze present illnesses and symptoms, and conduct a visual system check—measuring blood pressure, weight, dominant eye, and vision via eye chart reading. We check refraction to determine best corrected visual acuity, and test glare impairment, eye motility, side vision and other preliminary vision measurements as needed.

#### Step 2: Dilation

Estimated time: 30 minutes

#### Step 3: Consult

Estimated time: 10 minutes

After patients are dilated, we discuss and confirm their chief complaint and conduct a full slit lamp and ophthalmoscopy examination. We then review the results with patients. We advise them about treatment options and discuss steps for follow-up.



#### Step 4: Testing & Treatment

Estimated time: 40 minutes

If indicated by our physician, appropriate tests or procedures, including OCT or fluorescein angiogram, can be performed in-office the same day or scheduled for a future date.

#### Step 5: Surgery Review and Scheduling

Estimated time: 15 minutes

If surgery is recommended, it is performed at Northwest Hospital in Seattle, and is typically scheduled pending proper clearance.

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